



1561 Old Dixie Highway suite B  
Vero Beach, Florida 32960

## Kim's CoreFit Studio Policies

The following policies will help us to give you the best possible service. We want you to enjoy the Studio and get the most out of each visit. Please help with the following.

Please remember to bring a towel and water.

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### Appointment Policies

- All non-emergency cancelations must be made 24 hours in advance. If you fail to cancel your appointment, or do not show, you will be charged for the session.
- If the cancelation and/or change of appointment time is due to work schedule or illness, notification needs to be done ASAP so that your trainer can fill your time slot with another client waiting to make an appointment.
- In order to reserve an appointment, all appointments are prepaid at time of scheduling.
- If more than two sessions are missed without sufficient notice, your trainer has the right to give your time slot to a new client.
- Payments are non-refundable.
- Appointments will not be extended and will end on time even if the client arrives late.
- Please notify your trainer if you are experiencing any difficulty with your fitness program.

**By signing this form, I am expressing sincere commitment to my fitness program in order to achieve my goals.**

Client Signature \_\_\_\_\_ Date \_\_\_\_\_

Trainer \_\_\_\_\_

Preferred method of contact: (please check one) Phone \_\_\_\_\_ Text \_\_\_\_\_ Email \_\_\_\_\_